

May 20, 2026

Parents and Student-Athletes:

A reminder that **sports physicals** for the 2026-2027 sports season will be given on Wednesday, May 27th and Wednesday, June 3rd at Dr. Tim Vollmer's medical office which is located at 1095 Million Dollar Highway. Through the generosity of Dr. George Castellano and the medical providers and nurses who will be administering the physicals, there is no charge to the student athletes for their school sponsored sports physical.

You must register for an appointment by calling the main office at ECC to schedule a physical. The main office is open between 7:30 and 3:15 until the end of school so please call between these hours. The number for the main office is 814-834-7800. We would like all physicals scheduled by the last day of school.

Physicals will be given starting at 4:45 PM on both physical dates. If you are not able to schedule a school sponsored physical on one of these two dates, you will be responsible for scheduling an appointment with your family physician or another medical provider.

A completed physical packet must be filled out and brought with the student athlete at the time of their scheduled physical. This 8-page packet must contain all necessary signatures (by both parents and athletes) and must be filled out in its entirety prior to the physical. Physical packets were given to all student athletes at our annual Fall Sports Sign-up Day which was held on May 18th. In the event that the physical packet has been misplaced by the student, sports physical packets can be picked up at the main office at Elk County Catholic High School, or can be printed from the ECCSS website under the Athletic Forms tab which is located on the bottom of the website.

A couple final notes concerning the physicals:

Athletes should wear their contacts or bring their glasses to the physical.

In order to meet PIAA regulations for the 2026-27 school year, physicals must be given on or after May 1, 2026

The ECC sports physicals are intended to be an athletic physical. Please do not ask medical provider to sign any additional forms such as drivers license forms, scout physicals, or other documents.

It is recommended that parents attend the physical with their student-athlete in the event that the provider has any medical information to discuss.