



Elk County Catholic High School & St. Marys Catholic Middle School

January 2026 Cafeteria Menu



Monday	Tuesday	Wednesday	Thursday	Friday
WG = Whole Grain Milk Choices Include: Fat Free Chocolate Milk, Fat Free Strawberry Milk, Low Fat White Milk Fruit Choice: Fresh or Canned				
5 Meatball Sub topped with Mozzarella Cheese Baked Beans Fruit Choice Milk	6 Soft Taco with Cheese, Lettuce, Salsa & Sour Cream Garden Green Beans Fruit Choice Milk	7 French Toast Sticks with Syrup Baked Ham Slices Tator Tots Fruit Choice Milk	8 Grilled Chicken Salad with Cheese & Croutons WG Dinner Roll Fruit Choice Milk	9 French Bread Pizza Carrots with Dill Fruit Choice Milk
12 Linguini Pasta with Chicken and Alfredo Sauce Broccoli Fruit Choice Milk	13 Hot Dogs with Chili Sauce and Onions French Fries Fruit Choice Milk	14 Mashed Potato Bowl topped with Popcorn Chicken & Gravy WG Dinner Roll Fruit Choice Milk	15 Buffalo Chicken Wrap with Cheese & Lettuce Garden Carrots Fruit Choice Milk	16 Macaroni & Cheese Baked Beans Fruit Choice Milk
19 No School- In Service Day	20 Taco Salad with Cheese, Salsa & Sour Cream Sweet & Savory Carrots Fruit Choice Milk	21 Sweet & Sour Chicken over Steamed Rice Broccoli Fruit Choice Milk	22 Chicken Pattie Sandwich with Lettuce & Tomato Slices Baked Beans Fruit Choice Milk	23 Toasted Cheese Sandwiches Tomato Soup & Crackers Green Beans Fruit Choice Milk
26 Goulash Texas Toast Tossed Salad Fruit Choice Milk	27 Chicken Fajita Wrap with Cheese, Peppers & Onions Baked Beans Fruit Choice Milk	28 Turkey & Gravy over Mashed Potatoes WG Dinner Roll Fruit Choice, Milk Ice Cream Sundaes	29 Loaded Fries topped with Beef, Cheese Sauce, Onions, Bacon Bits, & Jalapeno Peppers WG Dinner Roll Fruit Choice, Milk	30 Italian Dunkers with Dipping Sauce Baby Carrots Fruit Choice Milk

Self Serve Line-Everyday: Chicken Pattie on a Bun, Pizza, Uncrustables, Wraps and Salads. Also offering the Daily Specials shown below:

Monday - Chicken Nuggets Served with a Slice of WG Bread	Tuesday - Corn Dog Nuggets Served with a Slice of WG Bread	Wednesday - Popcorn Chicken Served with a Slice of WG Bread	Thursday - Cheeseburger or Cooks Choice	Friday - Fish Sticks Served with a Slice of WG Bread
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Self Serve Line entrées are served with a choice of : fresh vegetable cup or a tossed salad, fresh or canned fruit, and low fat milk or fat free milk.