

WG Ham & Cheese

Sandwich

## St. Marys Catholic Elementary School





WG Grilled Cheese

Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Sticks /WG Bread Slice	WG Ham & Cheese Hoagie	WG French Bread Pizza
		Carrots	Green Beans	Broccoli
		Fruit Choice	Fruit Choice	Fruit Choice
	<b>E</b>	Milk	Milk	Milk
6	7	8	9	10
Zoo Chicken Nuggets / WG	WG Corn Dog	WG Meatball Sub	Sweet & Sour Chicken & Veg	Homemade Mac & Cheese
Bread Slice	Baked Beans	Fresh Veggies & Dip	Rice Bowl / WG Dinner Roll	Mixed Vegetables
Green Beans	Fruit Choice	Fruit Choice	Broccoli	Fruit Choice
Fruit Choice / Milk	Milk	Milk	Fruit Choice / Milk	Milk
13	14	15	16	17
Chicken & Gravy on	Sloppy Joe on WG Bun	Chicken Patty on WG Bun	WG Chicken Fajita Wrap	WG Cheese Stick Crunchers
WG Biscuit	French Fries	Baked Beans	Carrots	With Dipping Sauce
Broccoli	Fruit Choice	Baked Apple Slices	Fruit Choice	Green Beans
Fruit Choice / Milk	Milk	Milk	Milk	Fruit Choice /Milk
20	21	22	23	24
Cheeseburger on WG Bun	WG Nachos with Meat &	WG French Toast Sticks /	Mashed Potato Bowl with	No School
Carrots	Cheese	Syrup / Yogurt	Popcorn Chicken, Gravy &	
Fruit Choice	Broccoli	Tater Tots	WG Dinner Roll	Act 80 Day
Milk	Fruit Choice / Milk	Blueberries / Milk	Corn / Fruit Choice / Milk	HAPPY HALLOW
27	28	29	30	31 Happy Halloween
WG Taco Pizza with Toppings	Strawberries & Yogurt Parfait	Chicken Nuggets / WG Bread	Hot Ham & Cheese on	Fish Nuggets / WG Bread Slice
Green Beans	With WG Granola	Slice	WG Pretzel Roll	Tomato Soup
Fruit Choice	Smiley Fries	Broccoli	Baked Beans	Carrots / Fruit Choice / Milk
Milk	Fruit Choice / Milk	Fruit Choice / Milk	Fruit Choice / Milk	Ice Cream with Toppings
	WG Peo	anut Butter & Jelly Sandwich Se	rved Daily	
Monday	Tuesday	Wednesday	Thursday	Friday

Hamburger on WG Bun

Don's WG Pepperoni Pizza

Don's WG Pepperoni Pizza



## St. Marys Catholic Elementary School



## Cafeteria Notes:

In order to qualify for a reimbursable lunch, you must choose three, four or five items from these components:

Meat/Meat alternate, Fruit, Vegetable, Grain, Milk

Students must also choose either a fruit or a vegetable as one of their three to five components.

Fruit Choice includes a variety of canned and fresh fruits.

All ground meat items may contain a combination of ground beef and turkey.

Whole grain components served daily

We offer: 1% white milk, fat free chocolate milk. fat free strawberry milk

All menu items are subject to change

Elementary Meal Price (Preschool & Grades K-5) - \$3.05

Student Extra Entrée -\$1.55 Student Entrée Only -\$2.50 Reduced Meal Price -\$.40

Adult Meal Price - \$4.75 Adult Entrée Only -\$3.60 Milk - \$.80

Kitchen Manager - Paula Singer (834-4927)

Food Service Director - Kim Schlimm (834-7800)