









Elk County Catholic High School & St. Marys Catholic Middle School

October 2025 Cafeteria Menu



Monday	Tuesday	Wednesday	Thursday	Friday
WG = Whole Grain Milk Choices Include: Fat Free Chocolate Milk, Fat Free Strawberry Milk, Low Fat White Milk Fruit Choice: Fresh or Canned		1 French Toast Sticks with Syrup Baked Ham Slices Tator Tots Fruit Choice Milk	2 Soft Taco with Cheese, Lettuce, Salsa & Sour Cream Corn Fruit Choice Milk	3 Macaroni & Cheese Seasoned Carrots Fruit Choice Milk
6 Chicken Pattie Sandwich with Lettuce & Tomato Slices Garden Seasoned Carrots Fruit Choice Milk	7 Meatball Sub topped with Mozzarella Cheese Tossed Salad with Tomato Fruit Choice Milk	8 Chicken & Gravy over Mashed Potatoes Dinner Roll Fruit Choice Milk	9 Hot Dogs Macaroni Salad Baked Beans Fruit Choice Milk 	10 Stuffed Crust Pizza Green Beans Fruit Choice Milk
13 Nachos topped with Meat & Cheese Sauces Jalapeno Peppers (opt.) Golden Sweet Corn Fruit Choice, Milk	14 Taco Salad with Cheese, Salsa & Sour Cream Baked Beans Fruit Choice Milk 	15 Mashed Potato Bowl topped with Popcorn Chicken & Gravy WG Dinner Roll Fruit Choice Milk	16 Grilled Chicken Salad with Cheese & Croutons WG Dinner Roll Fruit Choice Milk	17 Italian Dunkers with Dipping Sauce Baby Carrots Fruit Choice Milk
20 Fiesta Pizza topped with Lettuce & Diced Tomatoes, Taco Sauce & Sour Cream Baked Beans Fruit Choice, Milk	21 Buffalo Chicken Wrap with Cheese & Lettuce Sweet & Savory Carrots Fruit Choice Milk	22 Penne Pasta with Meatballs and Sauce Garlic Bread Stick Tossed Salad with Tomato Fruit Choice, Milk	23 Sloppy Joe French Fries Fruit Choice Milk 	24 No School - Act 80 Day 
27 Goulash Garlic Bread Stick Tossed Salad with Tomato Fruit Choice Milk	28 Loaded Fries topped with Beef, Cheese Sauce, Onions, Bacon Bits & Jalapeno Peppers WG Dinner Roll Fruit Choice, Milk	29 Sweet & Sour Chicken over Rice Steamed Broccoli Fruit Choice Milk	30 Chicken Fajita Wrap with Cheese, Peppers & Onions Mixed Vegetables Fruit Choice, Milk	31 Toasted Cheese Sandwiches Tomato Soup & Crackers Baked Beans Fruit Choice, Milk Halloween Treat 

Self Serve Line-Everyday: Chicken Pattie on a Bun, Pizza, Uncrustables, Wraps and Salads. Also offering the Daily Specials shown below:

Monday - Chicken Nuggets Served with a Slice of WG Bread	Tuesday - Corn Dog Nuggets Served with a Slice of WG Bread	Wednesday - Popcorn Chicken Served with a Slice of WG Bread	Thursday - Cheeseburger or Cooks Choice	Friday - Fish Sticks Served with a Slice of WG Bread
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Self Serve Line entrées are served with a choice of : fresh vegetable cup or a tossed salad, fresh or canned fruit, and low fat milk or fat free milk.