



# Elk County Catholic High School & St. Marys Catholic Middle School

## September 2025 Cafeteria Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 No School - Labor Day</p> 	<p>2 Taco Salad with Cheese Salsa &amp; Sour Cream Baby Carrots Fruit Choice Milk</p>	<p>3 Mashed Potato Bowl topped with Popcorn Chicken &amp; Gravy WG Dinner Roll Fruit Choice Milk</p>	<p>4 Sloppy Joe Baked Beans Fruit Choice Milk</p> 	<p>5 Stuffed Crust Pizza Tossed Salad with Tomato Fruit Choice Milk</p>
<p>8 Nachos topped with Meat &amp; Cheese Sauce Jalapeno Peppers (opt.) Sweet &amp; Savory Carrots Fruit Choice, Milk</p>	<p>9 Chicken Fajita Wrap with Cheese, Peppers &amp; Onions Baked Beans Fruit Choice Milk</p>	<p>10 Turkey &amp; Gravy over Mashed Potatoes WG Dinner Roll Fruit Choice Milk</p>	<p>11 Grilled Chicken Salad with Cheese &amp; Croutons WG Dinner Roll Fruit Choice Milk</p>	<p>12 Italian Dunkers with Dipping Sauce Garden Green Beans Fruit Choice Milk</p>
<p>15 Goulash Garlic Bread Stick Tossed Salad with Tomato Fruit Choice Milk</p>	<p>16 Fiesta Pizza topped with Lettuce &amp; Diced Tomatoes, Taco Sauce &amp; Sour Cream Sweet Peas Fruit Choice, Milk</p>	<p>17 Loaded Fries topped with Beef, Cheese Sauce, Onions, Bacon Bits &amp; Jalapeno Peppers WG Dinner Roll Fruit Choice, Milk, Dessert</p>	<p>18 BBQ Rib Sandwich topped with Pickles and Onion Slivers Baked Beans Fruit Choice Milk</p>	<p>19 Toasted Cheese Sandwiches Tomato Soup &amp; Crackers Carrots with Dill Seasoning Fruit Choice Milk</p>
<p>22 Linguini Pasta with Chicken and Alfredo Sauce Steamed Broccoli Fruit Choice Milk</p>	<p>23 Meatball Sub Topped with Mozzarella Cheese Garden Carrots Fruit Choice Milk</p>	<p>24 Creamed Chicken over a Fresh Baked Biscuit Mashed Potatoes &amp; Gravy Fruit Choice Milk</p>	<p>25 Ham &amp; Cheese Sandwich with Lettuce &amp; Tomato Slices Baked Beans Macaroni Salad Fruit Choice, Milk</p>	<p>26 French Bread Pizza Golden Sweet Corn Fruit Choice Milk</p>
<p>29 No School - Act 80 Day</p> 	<p>30 General Tso's Chicken and Rice Bowl Steamed Broccoli Fruit Choice Milk</p>			<p>WG = Whole Grain Milk Choices Include: Fat Free Chocolate Milk, Fat Free Strawberry Milk, Low Fat White Milk Fruit Choice: Fresh or Canned</p>

**Self Serve Line**-Everyday: Chicken Pattie on a Bun, Pizza, Uncrustables, Wraps and Salads. Also offering the Daily Specials shown below:

Monday - Chicken Nuggets Served with a Slice of WG Bread	Tuesday - Corn Dog Nuggets Served with a Slice of WG Bread	Wednesday - Popcorn Chicken Served with a Slice of WG Bread	Thursday - Cheeseburger or Cooks Choice	Friday - Fish Sticks Served with a Slice of WG Bread
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**Self Serve Line entrées are served with a choice of : fresh vegetable cup or a tossed salad, fresh or canned fruit, and low fat milk or fat free milk.**