

## Elk County Catholic High School & St. Marys Catholic Middle School



### March 2025 Cafeteria Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Meatball Sub topped with Mozzarella Cheese Tossed Salad with Tomato Fruit Choice Milk	4 Soft Taco with Cheese, Lettuce, Salsa, Sour Cream Green Beans Fruit Choice Milk, Dessert	5 Ash Wednesday French Bread Pizza Seasoned Corn Fruit Choice Milk	6 Nachos topped with Meat & Cheese Sauce, Jalapeno Peppers Carrots with Dill Fruit Choice, Milk	7 Make up Day Italian Dunkers with Dipping Sauce Three Bean Salad Fruit Choice Milk
10 Linguini Pasta with Chicken and Alfredo Sauce Steamed Broccoli Fruit Choice Milk	Chicken Pattie Sandwich with Lettuce & Tomato Slices Baked Beans Fruit Choice Milk	Mashed Potato Bowl topped with Popcorn Chicken & Gravy WG Dinner Roll Fruit Choice Milk	13 Taco Salad with Cheese, Salsa & Sour Cream Garden Green Beans Fruit Choice Milk	14 Toasted Cheese Sandwiches Tomato Soup & Crackers Baby Carrots Fruit Choice Milk
17 Goulash Garlic Bread Stick Tossed Salad with Tomato Fruit Choice Milk	18 Chicken Fajita Wrap with Cheese, Peppers & Onions Sweetened Carrots Fruit Choice Milk	19 French Toast Sticks with Syrup Baked Ham Slices Tator Tots Fruit Choice Milk	20 Sloppy Joe Baked Beans Fruit Choice Milk	21 No School/ Make up Day Stuffed Crust Pizza Green Beans Fruit Choice Milk
24 No School/ Act 80 Day	25 Buffalo Chicken Wrap with Cheese & Lettuce Corn Fruit Choice Milk	26 Sweet & Sour Chicken over Steamed Rice Broccoli Fruit Choice Milk	27 Grilled Chicken Salad with Cheese & Croutons WG Dinner Roll Fruit Choice Milk	28 Macaroni & Cheese Carrots Fruit Choice Milk
31 Penne Pasta with Meatballs & Sauce Garlic Bread Stick Tossed Salad with Tomato Fruit Choice, Milk	HE	ALTHY CHOICES. Healthy Futur	res de la companya della companya della companya della companya de la companya della companya de	Milk Choices Include: Fat Free Chocolate Milk Fat Free Strawberry Milk Low Fat White Milk
Self Serve Line-Everyday: Chicken Pattie on a Bun, Pizza, Uncrustables, Wraps and Salads. Also offering the Daily Specials shown below:				
Monday - Chicken Nuggets Served with a Slice of WG Bread	Tuesday - Corn Dog Nuggets Served with a Slice of WG Bread	Wednesday - Popcorn Chicken Served with a Slice of WG Bread	Thursday - Cheeseburger or Cooks Choice	Friday - Lenten Specials
Self Serve Line entrées are served with a choice of : fresh vegetable cup or a tossed salad, fresh or canned fruit, and low fat or fat free milk.				

#### <u>Cafeteria Notes:</u>

In order to qualify for a reimbursable lunch, you must choose three, four or five items from these components:

Meat/Meat alternate, Fruit, Vegetable, Grain, Milk

Students must also choose either a fruit or a vegetable as one of their three to five components.

Students not selecting a complete reimbursable meal are charged at higher ala carte prices.

WG = Whole Grain

Milk choice includes Fat Free Chocolate, Fat Free Strawberry or Low Fat White Milk.

Fruit Choice includes a variety of canned and fresh fruits.

A reimbursable lunch is available in both the main line and the self-serve line everyday.

Pizza is served in both lines daily.

Additional nutritious items are sold ala carte.

All ground meat items may contain a combination of ground beef and turkey.

All menu items are subject to change

High School and Middle School Meal Price-\$3.45

Student Extra Entrée -\$1.95 Student Entrée Only -\$2.90

Adult Meal Price - \$4.65 Adult Entrée Only -\$3.50 Milk - \$.80

Kitchen Manager - Patty Gabor 834-7800 ext. 202

Food Service Director - Kim Schlimm 834-7800 ext. 231



# Elk County Catholic High School & St. Marys Catholic Middle School Breakfast to Go!



### **Served in the Lobby**

## **Breakfast to Go!**

**Eat in homeroom** 

Breakfast will be offered **free** to every student!

Students will receive a bagged Grab and Go Breakfast.

The breakfast meal includes the entrée, fruit cup, juice, milk and fresh fruit.

The bag will contain the entrée, a fruit cup and juice. Students have the option of adding a milk and a piece of fresh fruit to that bag.

Breakfast Grab and Go items will include a variety of individually wrapped breakfast entrees.

The entree will vary on a daily basis.

The entree will be a grain based item such as a muffin, bagel, cereal bar, etc.

The bag will meet the requirements for a reimbursable meal through the National School Breakfast Program.

**Grab a Bag** 



Add a Milk



**Add a Fruit** 

