

St. Marys Catholic Elementary School January 2025 Cafeteria Menu



Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
We Offer:		1	2	3
1% White Milk			WG Corn Dog	WG Stuffed Crust Pizza
Fat Free Chocolate Milk			Carrots	Peas
Fat Free Strawberry Milk		EWAYEAR	Fruit Choice	Fruit Choice
Whole Grain Components Served Daily			Milk	Milk
6	7	8	9	10
Hot Dog on WG Bun	Chicken & Gravy on Biscuit	Chicken Patty on WG Bun	Sloppy Joe on WG Bun	WG Fish Tacos
Baked Beans	Broccoli	Carrots	French Fries	Green Beans
Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Milk	Milk	Milk	Milk	Milk
13	14	15	16	17
Zoo Chicken Nuggets /	WG Ham & Cheese Hoagie	French Toast Sticks /	Mashed Potato Bowl with	WG Italian Dunkers with
WG Bread Slice	Baked Beans	Syrup / Yogurt	Popcorn Chicken, Gravy &	Dipping Sauce
Carrots	Fruit Choice	Tater Tots	WG Dinner Roll	Broccoli
Fruit Choice / Milk	Milk	Blueberries / Milk	Corn / Fruit Choice / Milk	Fruit Choice / Milk
20	21	22	23	24
No School	WG Chicken Fajita Wrap	Chicken Sticks /WG Bread Slice	Egg, Ham & Cheese on	Fish Nuggets WG Bread Slice
	Peas	Broccoli	WG English Muffin	Tomato Soup
Inservice Day	Fruit Choice	Fruit Choice	Green Beans	Carrots
	Milk	Milk	Fruit Choice / Milk	Fruit Choice / Milk
27	28	29	30	31
Chicken Nuggets / WG Bread	WG Nachos with Meat &	WG Meatball Sub	Strawberry Yogurt Parfait with	Homemade Mac & Cheese
Slice	Cheese	Tossed Salad Calholic Schools	WG Granola	Broccoli
Baked Beans	Carrots	Fruit Choice /Milk	Smiley Fries	Fruit Choice
Fruit Choice / Milk	Fruit Choice / Milk	Ice Cream with Toppings	Fruit Choice / Milk	Milk
	WG Peanut But	er & Jelly Sandwich Served Do	illy	<u>*</u>
Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger on WG Bun	Don's Pepperoni Pizza	WG Mountain Pie Pizza	Don's Pepperoni Pizza	WG Grilled Cheese





Cafeteria Notes:

In order to qualify for a reimbursable lunch, you must choose three, four or five items from these components:

Meat/Meat alternate, Fruit, Vegetable, Grain, Milk

Students must also choose either a fruit or a vegetable as one of their three to five components.

Fruit Choice includes a variety of canned and fresh fruits.

All ground meat items may contain a combination of ground beef and turkey.

All menu items are subject to change

Elementary Meal Price (Preschool & Grades K-5) - \$2.95

Student Extra Entrée -\$1.95 Student Entrée Only -\$2.90 Reduced Meal Price -\$.40 Adult Meal Price - \$4.65 Adult Entrée Only -\$3.50 Milk - \$.80