



# Elk County Catholic High School & St. Marys Catholic Middle School



## December 2024 Cafeteria Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School 	3 Taco Salad with Cheese, Salsa & Sour Cream Garden Seasoned Carrots Fruit Choice Milk	4 Creamed Chicken over a Fresh Baked Biscuit Mashed Potatoes with Gravy Fruit Choice Milk	5 Sloppy Joe Baked Beans Fruit Choice Milk 	6 Italian Dunkers with Dipping Sauce Steamed Broccoli Fruit Choice Milk
9 Meatball Sub topped with Mozzarella Cheese Seasoned Green Beans Fruit Choice Milk	10 Chicken Fajita Wrap with Cheese, Peppers & Onions Baked Beans Fruit Choice Milk	11 Christmas Dinner Salisbury Steak Mashed Potatoes & Gravy Dinner Roll Fruit Choice Milk, Dessert	12 Grilled Chicken Salad with Cheese & Croutons Dinner Roll Fruit Choice Milk	13 Macaroni & Cheese Fresh Baby Carrots Fruit Choice Milk
16 Buffalo Chicken Wrap with Cheese & Lettuce Baked Beans Fruit Choice Milk	17 Soft Taco with Cheese, Lettuce, Salsa & Sour Cream Sweet Corn Fruit Choice Milk	18 Goulash Garlic Bread Stick Tossed Salad with Tomato Fruit Choice Milk	19 Chicken Pattie Sandwich with Lettuce and Tomato Slices Carrots with Dill Fruit Choice Milk	20 Early Dismissal French Bread Pizza Green beans Fruit Choice Milk
23 	24 	25 <i>Merry Christmas</i>	26 	27 
30 	31 			Milk Choices Include: Fat Free Chocolate Milk Fat Free Strawberry Milk Low Fat White Milk

**Self Serve Line**-Everyday: Chicken Pattie on a Bun, Pizza, Uncrustables, Wraps and Salads. Also offering the Daily Specials shown below:

Monday - Chicken Nuggets Served with a Slice of WG Bread	Tuesday - Corn Dog Nuggets Served with a Slice of WG Bread	Wednesday - Popcorn Chicken Served with a Slice of WG Bread	Thursday - Cheeseburger or Cooks Choice	Friday - Fish Nuggets Served with a Slice of WG Bread
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**Self Serve Line entrées are served with a choice of : fresh vegetable cup or a tossed salad, fresh or canned fruit, and low fat or fat free milk.**

## Cafeteria Notes:

In order to qualify for a reimbursable lunch, you must choose three, four or five items from these components:

Meat/Meat alternate, Fruit, Vegetable, Grain, Milk

Students must also choose either a fruit or a vegetable as one of their three to five components.

Students not selecting a complete reimbursable meal are charged at higher ala carte prices.

WG = Whole Grain

Milk choice includes Fat Free Chocolate, Fat Free Strawberry or Low Fat White Milk.

Fruit Choice includes a variety of canned and fresh fruits.

A reimbursable lunch is available in both the main line and the self-serve line everyday.

Pizza is served in both lines daily.

Additional nutritious items are sold ala carte.

All ground meat items may contain a combination of ground beef and turkey.

All menu items are subject to change

High School and Middle School Meal Price- \$3.45

Student Extra Entrée -\$1.95    Student Entrée Only -\$2.90

Adult Meal Price - \$4.65    Adult Entrée Only -\$3.50    Milk - \$.80

Kitchen Manager - Patty Gabor 834-7800 ext. 202

Food Service Director – Kim Schlimm 834-7800 ext. 231



Elk County Catholic High School & St. Marys Catholic Middle School  
Breakfast to Go!



**Served in the Lobby**

## **Breakfast to Go!**

**Eat in homeroom**

Breakfast will be offered **free** to every student!

Students will receive a bagged Grab and Go Breakfast.

The breakfast meal includes the entrée, fruit cup, juice, milk and fresh fruit.

The bag will contain the entrée, a fruit cup and juice.

Students have the option of adding a milk and a piece of fresh fruit to that bag.

Breakfast Grab and Go items will include a variety of individually wrapped breakfast entrees.

The entree will vary on a daily basis.

The entree will be a grain based item such as a muffin, bagel, cereal bar, etc.

The bag will meet the requirements for a reimbursable meal through the National School Breakfast Program.

**Grab a Bag**



**Add a Milk**



**Add a Fruit**

