










Elk County Catholic High School & St. Marys Catholic Middle School



November 2024 Cafeteria Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Milk Choices Include: Fat Free Chocolate Milk Fat Free Strawberry Milk Low Fat White Milk				1 Stuffed Crust Pizza Sweet Peas Fruit Choice Milk
4 Penne Pasta with Meatballs and Sauce Garlic Bread Stick Tossed Salad with Tomato Fruit Choice, Milk	5 Taco Salad with Cheese, Salsa & Sour Cream Baked Beans Fruit Choice Milk	6 Thanksgiving Dinner -Both Lines Roast Turkey, Stuffing, Mashed Potatoes & Gravy, Sweet Potatoes, Dinner Roll, Cranberry Sauce, Cookie Fruit Choice Milk	7 Meatball Sub topped with Mozzarella Cheese Mixed Vegetables Fruit Choice Milk	8 Toasted Cheese Sandwiches Tomato Soup with Crackers Seasoned Carrots Fruit Choice Milk
11 Buffalo Chicken Wrap with Cheese & Lettuce Baked Beans Fruit Choice Milk	12 Fiesta Pizza topped with Lettuce & Diced Tomatoes Garden Green Beans Fruit Choice Milk	13 French Toast Sticks with Syrup Baked Ham Slices Tator Tots Fruit Choice Milk	14 Soft Taco with Cheese, Lettuce, Salsa & Sour Cream Fresh Baby Carrots Fruit Choice Milk	15 No School Act 80 Day 
18 Goulash Garlic Bread Stick Tossed Salad with Tomato Fruit Choice Milk	19 Grilled Chicken Salad with Cheese & Croutons Dinner Roll Fruit Choice Milk	20 Sweet & Sour Chicken over Steamed Rice Broccoli Fruit Choice Milk	21 Nachos topped with Meat & Cheese Sauce Baked Beans Fruit Choice Milk	22 French Bread Pizza Mixed Vegetables Fruit Choice Milk
25 Chicken Fajita Wrap with Cheese, Peppers & Onions Sweet & Savory Carrots Fruit Choice Milk	26 Chicken Pattie Sandwich with Lettuce and Tomato Slices Seasoned Peas Fruit Choice Milk	27 No School In Service Day 	28 No School 	29 No School 

Self Serve Line-Everyday: Chicken Pattie on a Bun, Pizza, Uncrustables, Wraps and Salads. Also offering the Daily Specials shown below:

Monday - Chicken Nuggets Served with a Slice of WG Bread	Tuesday - Corn Dog Nuggets Served with a Slice of WG Bread	Wednesday - Popcorn Chicken Served with a Slice of WG Bread	Thursday - Cheeseburger or Cooks Choice	Friday - Fish Nuggets Served with a Slice of WG Bread
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Self Serve Line entrées are served with a choice of : fresh vegetable cup or a tossed salad, fresh or canned fruit, and low fat or fat free milk.

Cafeteria Notes:

In order to qualify for a reimbursable lunch, you must choose three, four or five items from these components:

Meat/Meat alternate, Fruit, Vegetable, Grain, Milk

Students must also choose either a fruit or a vegetable as one of their three to five components.

Students not selecting a complete reimbursable meal are charged at higher ala carte prices.

WG = Whole Grain

Milk choice includes Fat Free Chocolate, Fat Free Strawberry or Low Fat White Milk.

Fruit Choice includes a variety of canned and fresh fruits.

A reimbursable lunch is available in both the main line and the self-serve line everyday.

Pizza is served in both lines daily.

Additional nutritious items are sold ala carte.

All ground meat items may contain a combination of ground beef and turkey.

All menu items are subject to change

High School and Middle School Meal Price- \$3.45

Student Extra Entrée -\$1.95 Student Entrée Only -\$2.90

Adult Meal Price - \$4.65 Adult Entrée Only -\$3.50 Milk - \$.80

Kitchen Manager - Patty Gabor 834-7800 ext. 202

Food Service Director – Kim Schlimm 834-7800 ext. 231



Elk County Catholic High School & St. Marys Catholic Middle School
Breakfast to Go!



Served in the Lobby

Breakfast to Go!

Eat in homeroom

Breakfast will be offered **free** to every student!

Students will receive a bagged Grab and Go Breakfast.

The breakfast meal includes the entrée, fruit cup, juice, milk and fresh fruit.

The bag will contain the entrée, a fruit cup and juice.

Students have the option of adding a milk and a piece of fresh fruit to that bag.

Breakfast Grab and Go items will include a variety of individually wrapped breakfast entrees.

The entree will vary on a daily basis.

The entree will be a grain based item such as a muffin, bagel, cereal bar, etc.

The bag will meet the requirements for a reimbursable meal through the National School Breakfast Program.

Grab a Bag



Add a Milk



Add a Fruit

