



# St. Marys Catholic Elementary School

## October 2024 Cafeteria Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>We Offer:</b> 1% White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Whole Grain Components Served Daily	<b>No School Act 80 Day</b>	2 Chicken Nuggets / WG Bread Slice Peas Fruit Choice / Milk 	3 WG Ham & Cheese Hoagie Carrots Fruit Choice Milk	4 WG French Bread Pizza Green Beans Fruit Choice Milk 
7 Chicken Patty on WG Bun Sweet Potato Fries Fruit Choice Milk	8 Sloppy Joe on WG Bun Broccoli Fruit Choice Milk 	9 Hot Dog on WG Bun Baked Beans Fruit Choice Milk	10 Mashed Potato Bowl with Popcorn Chicken, Gravy & WG Dinner Roll Corn / Fruit Choice / Milk	11 Fish Sandwich on WG Bun Mixed Vegetables Fruit Choice Milk
14 Chicken And Gravy on Biscuit Green Beans Fruit Choice Milk	15 BBQ Ham on WG Bun Tater Tots Fruit Choice Milk	16 WG Taco Pizza with Toppings Carrots Fruit Choice Milk 	17 WG Chicken Fajita Wrap Baked Beans Fruit Choice Milk	18 Homemade Macaroni & Cheese California Blend Fruit Choice / Milk
21 Chicken Sticks / WG Bread Slice Carrots Fruit Choice / Milk 	22 Egg, Ham & Cheese on WG English Muffin Smiley Fries Fruit Choice / Milk	23 Goulash / Garlic Bread Stick Tossed Salad Fruit Choice Milk	24 Strawberry Yogurt Parfait with WG Granola Green Beans Fruit Choice / Milk	<b>No School Act 80 Day</b>
28 WG Meatball Sub Broccoli Fruit Choice Milk 	29 WG Nachos with Meat & Cheese Carrots Fruit Choice / Milk	30 Zoo Chicken Nuggets / WG Bread Slice Baked Beans Fruit Choice / Milk	31 <b>Halloween</b> WG Deli Turkey & Cheese Sub Mixed Vegetables Fruit Choice / Milk Ice Cream with Toppings	

**WG Peanut Butter & Jelly Sandwich Served Daily**

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WG Ham & Cheese Sandwich	Don's WG Pepperoni Pizza	Hamburger on WG Bun	Don's WG Pepperoni Pizza	WG Grilled Cheese Sandwich



Cafeteria Notes:

In order to qualify for a reimbursable lunch, you must choose three, four or five items from these components:

Meat/Meat alternate, Fruit, Vegetable, Grain, Milk

Students must also choose either a fruit or a vegetable as one of their three to five components.

Fruit Choice includes a variety of canned and fresh fruits.

All ground meat items may contain a combination of ground beef and turkey.

All menu items are subject to change

Elementary Meal Price (Preschool & Grades K-5) - \$2.95

Student Extra Entrée -\$1.95    Student Entrée Only -\$2.90    Reduced Meal Price -\$.40

Adult Meal Price - \$4.65    Adult Entrée Only -\$3.15    Milk - \$.80