



GRADES K-6

HOPEFUL HARRIERS PROGRAM

Program dates:

9/9/24
9/16/24
9/23/24
9/30/24

1 Mile Kids Run

Tuesday, October 1st
Location: Benzinger Park
Time: following the varsity meet

Program Director:

Wee J Fernan

MONDAYS
5:15-6:15 PM
ECCHS TRACK

JOIN
NOW



Elk County Catholic School System

Hopeful Harriers Program

Participants will learn running form technique, speed, endurance, patience, and persistence.

Age: students grades K-6

When: 9/9/24, 9/16/24, 9/23/24, 9/30/24 | 5:15-6:15 pm

Tuesday, October 1, 2024: One mile kids run | Benzinger Park | 5:00 pm

Details: Sessions will be canceled due to severe weather. Have your child dressed for appropriate weather conditions, wear running shoes and bring a water bottle with your child's name marked.

Where: Elk County Catholic High School Track & Field | Louis St. Ext.

Cost: \$15/student

Directors: ECC Cross Country Coach, Wee J Fernan, and Varsity Cross Country Team

How can I sign up? Fill out the form below and return to ECCHS by 9/6/24 or at the first session on 9/9/24. Keep the top portion.

Checks Payable to: ECCSS Athletic Association

Attn. Wee J Fernan | 600 Maurus St. | St. Marys, PA 15857

Questions contact: Wee J Fernan @ 814-558-1329 or email: fernaw@eccss.org



Student First Name: _____ Last Name: _____

Age: _____ School: _____

Parent Name: (Print) _____ Parent Cell: _____

Emergency Contact Name and Phone #: _____

T-Shirt Size: (Circle) YS YM YL YXL AS AM AL AXL

I, _____, agree that _____ has my consent to participate in the Elk County Catholic School System's Hopeful Harriers Program. I understand that Elk County Catholic School System will not assume any responsibility for accidental injury, medical, or other expenses incurred by injury during his/her attendance at the Hopeful Harriers Program. I hereby authorize the ECCSS Hopeful Harriers Program directors to act for me according to their best judgment in any emergency situation requiring medical attention.

Parent/Guardian Signature: _____ Date: _____