



# *Elk County Catholic School System*

August 2023



## **Pre-school, Kindergarten, and Elementary School Lunch Information:**

- The reimbursable meal consists of 5 components; protein, grain, vegetable, fruit and milk. The student must take at least 3 of the 5 components and one of those must be a fruit or vegetable.
- Students can choose between A and B meals, as they are considered part of a reimbursable meal.
- Only if a student has a documented medical excuse can items be eliminated, such as milk or cheese for lactose intolerance. The school must have that documentation on-file at school in order to make an exemption.
- Students that order an extra meal or, carry lunch and purchase milk, will be charged extra for those items.
- Please review the menu and help your child chose their meal before school that day.



## **Middle/High School Lunch Information:**

- The reimbursable meal consists of 5 components; protein, grain, vegetable, fruit and milk. The student must take at least 3 of the 5 components and one of those must be a fruit or vegetable.
- **If the student does not take 3 of the 5 components, the student will pay ala carte prices for the components that they do take.**
- Items on our "self-serve" line can make up a reimbursable meal, for example: slice of pizza (protein and grain), salad (vegetable), apple (fruit) and milk. By not taking one item (like milk) the meal is not considered a reimbursable meal and will be charged ala carte prices.
- Anything extra - such as chips, extra milk, or an extra entree must still be purchased.
- Students that carry lunch and purchase limited items, like milk, will be charged extra for those items.
- Only if a student has a documented medical excuse can items be eliminated, such as milk or cheese for lactose intolerance. The school must have that documentation on-file at school in order to make an exemption.



If your child(ren) plans on purchasing an extra meal or other items, please make sure

that they have sufficient funds in their lunch account, in addition to the cost of regular lunch, PRIOR to the purchase. You may pay by check to ECCSS Café, or use the online payment option; [www.schoolcafe.com/ELKCOUNTYCATHOLICSCHOOLSYSYSTEM](http://www.schoolcafe.com/ELKCOUNTYCATHOLICSCHOOLSYSYSTEM)

If paying by check, please enclose the check in a sealed envelope with your child's full name and indicate that it is a Lunch Payment. Family payments may be combined on one check, please indicate the distribution amounts.

**PLEASE NOTE:** Any student with a negative balance is NOT permitted to charge extras!

★ Check out [www.eccss.org/cafeteria](http://www.eccss.org/cafeteria) for our monthly menus!

If we can be of any further assistance, please contact us at Elk County Catholic School System.

Paula Singer – Elementary School Kitchen Manager

Patty Gabor – Middle/High School Kitchen Manager

Go Crusaders!

Here we come, 2023!

Kim Schlimm

Director of Food Services

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## **Lunch Prices 2023/2024**

Middle/High School Reimbursable Meal - \$3.45

Elementary Reimbursable Meal - \$2.95

Extra Entrée - \$1.95

Entrée only- \$2.90

Milk (extra or single) - \$.80